

**ADVICE MY PARENTS GAVE ME: AND
OTHER LESSONS I LEARNED FROM MY
MISTAKES BY RODOLFO COSTA**

ADVICE

MY Parents GAVE ME

and

*Other LESSONS I Learned
From My MISTAKES*

*409 thoughts, quotes, lessons, ideas,
suggestions, reminders, words of advice
and encouragement to lead a successful,
rewarding, peaceful, happy,
and fulfilling life*

Rodolfo Costa

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Review

"This book is easy-to-read and loaded with wit, wisdom, and insights to enrich your life."

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ADVICE MY PARENTS GAVE ME: AND OTHER LESSONS I LEARNED FROM MY MISTAKES BY RODOLFO COSTA PDF

Advice My Parents Gave Me... An inspirational and motivational collection of 409 thoughts, quotes, lessons, ideas, suggestions, reminders, words of advice and encouragement to help you lead a successful, rewarding, peaceful, happy, and fulfilling life.

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- Original language: English
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- Dimensions: 8.00" h x .34" w x 5.00" l, .34 pounds
- Binding: Paperback
- 148 pages

Review

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- D. Jones - #1 Hall of Fame Reviewer - # 1 Reviewer - Amazon.co.uk

About the Author

Please see below...

Most helpful customer reviews

6 of 6 people found the following review helpful.

Tremendous Life and Career Success Advice

By Amazon Customer

I always enjoy books that make you think. "Advice My Parents Gave Me and Other Lessons I Learned from My Mistakes" by Rodolfo Costa is one of those kinds of books. It is filled with valuable life and career success wisdom distilled into bite sized chunks.

Rodolfo describes the book as "409 thoughts, quotes, lessons, ideas, suggestions, reminders, words of advice and encouragement to lead a successful, rewarding, peaceful, happy and fulfilling life." And he is right on. The 409 snippets in this book will make you think.

I send a motivational quote to my subscribers every day. If you're not receiving these quotes you can go to [...] and sign up in the space immediately below the image of my career advice book, Success Tweets. I preface each quote with the words: "THINK, ACT, SUCCEED." I believe that it's important to read inspirational advice. But I think it's more important to think about what you read and to ask yourself, "How does this apply to me?" Then it's important to take action - to do something with what you read.

Let me sum up. There are three easy things that you can do every day to help you in your career success journey...

1. Read - anything that can help you create your career success.
2. Think - about how you can apply the lessons of what you've read in your life.
3. Act - do something. Change a behavior, create a new habit.

If you do these three things consistently, you can't help but succeed. "Advice My Parents Gave Me and Other Lessons I Learned from My Mistakes" is a great source of life and career success advice. If you read, think about and act on only one of the bits of wisdom per day, you'll have over a year's worth of lessons to apply in your life.

Rodolfo divides the book into 16 sections...

1. Positive Attitude and Optimism
2. Responsibility and Inspiration
3. Goals and Motivation
4. Action Persistence and Success
5. Self-Doubt, Fear and Criticism
6. Positive Thinking and Communication
7. Positive Self Esteem and Good Manners
8. Learning and Understanding
9. Money
10. Planning: Past, Present and Future
11. Laughing and Taking it Easy
12. Love and Relationships
13. Children
14. Forgiveness and Acceptance
15. Happiness and Awareness
16. Gratitude and Getting Older

Here are 10 of my favorite pieces of advice in "Advice My Parents Gave me and Other Lessons I Learned

from My Mistakes"...

Life is wonderful. Life is horrible. Life is fabulous. Life is terrible. Life is great. Life is awful. Life is challenging. Life is a piece of cake. Life is unfair. Life is beautiful. Life is ugly. Life is tough. Life is easy. In reality, life is whatever you make it.

Remember the word "failure" is just a state of mind. Approach it with a positive attitude and you will notice that failure can become a learning experience toward your success.

Always keep your promises and honor your commitments. Give your word and carry it through - even if it is difficult, expensive or inconvenient.

Visualize yourself as the person you want to be, act like the person you want to be, and strive to become the person you want to become.

Establish goals for yourself, no matter how big, crazy or unattainable they may seem. Who are you not to achieve them and be successful? Who are you not to be the person you want to be? Believe in yourself.

It may take a little time to get where you want to be, but if you pause and think for a moment, you will notice that you are no longer where you were. Don't stop - keep going.

Don't be embarrassed to say "I don't know." It's amazing how much you can learn just by admitting that.

Keep your mind open. Let your thoughts wander and allow your brain and subconscious mind point you in the direction of the answer you are seeking.

Honesty, sincerity, respect, integrity and reliability built trust and hold relationships together.

Erase the word "someday" from your vocabulary. Don't save things for special occasions. Every day is special. Every day is a gift that we must appreciate and be thankful for. Wear your attractive clothes, and your nice perfume. Use your fine silverware and dishes. Drink from your expensive crystal glasses - just because. Live every day to the fullest and savor every minute of every day.

There is a common sense point here. Successful people seek out inspiration and life and career success advice. One of the best ways to do this is to read books like Rodolfo Costa's "Advice My Parents Gave Me and Other Lessons I Learned from My Mistakes." Once you find inspiration or advice take some time to think. Figure out how that inspiration and advice applies to you. Then do something. Take positive action to help you move toward your life and career success. Start by getting this book and reading it.

4 of 4 people found the following review helpful.

Inspiring, Motivating, Encouraging!

By Inna

Excellent book that delivers practical, thought provoking ideas filled with positive attitude and encouragement for a better life.

I liked and enjoy this book, very much, from beginning to end. Part of the book's message is not to dwell on the negative aspects of our lives. We live with fears and worries, that rob us from living life to the fullest. By recognizing this fact we can learn to be more in touch with our thoughts and feelings so we can have a more positive and encouraging way of life and Rodolfo shares these, ideas and words of advice in a clear and

succinct way.

A wonderful read for family and friends on the road to a more significant and happier life. As the cover says ... 409 thoughts, quotes, lessons, ideas, suggestions, reminders, words of advice and encouragement for a successful, rewarding, peaceful, happy, and fulfilling life ...

3 of 3 people found the following review helpful.

409 Self Development tips all in one place

By Dr JOY Madden

'Advice My Parents Gave Me and Other Lessons I Learned From My Mistakes' by Rodolfo Costa is a self development book with a difference. Most self and personal development books, at first impression, seem to tell you what to do with your life. This book is fun. As discussed in this self development book review, it gives you tips, advice, etc., based on a wealth of experience, yet you feel free to use the information as you wish.

On the front cover Rodolfo Costa adds: '409 thoughts, quotes, lessons, ideas, suggestions, reminders, words of advice and encouragement to lead a successful, rewarding, peaceful, happy, and fulfilling life'. This is indeed what he covers. He also shows you how to look on the problems and setbacks in your life as assets that help to create your character and to constantly self develop and grow as a person.

WHAT IT COVERS

It is a short book of 135 pages divided into 16 chapters. Each chapter concentrates on a specific subject, e.g., 'Self-doubt, fear and criticism', 'Money' and 'Children'. The chapters then list tips around the subject with chapters being interspersed with quotes from people such as Abraham Lincoln, Bette Davis, Charles Kingsley, Cicero, Mark Twain, Michael Jordan, Ralph Waldo Emerson, Steve Jobs, Voltaire and many others.

The inspirational tips can be used at any point in your life. You will find some to be quite thought provoking. Each self development tip is, in essence, a bullet point comprising one or two succinct sentences. This makes them easy to dip into and put into practice. Many of the tips are quite deep and meaningful. Some my favourites are:

- * Always be humble, but do not apologize for your success.
- * Always have honest and open communication with others.
- * Be accountable and you will get the respect and trust of others.
- * Do not get so busy making a living that you forget to create a life.
- * Let your children have their own thoughts - do not try to make them like you.
- * Do not spend more time planning your wedding than you spend planning your marriage.
- * Do not live your life imagining and creating tragedies in your mind that will probably never take place.
- * Be honest, loyal and fair even if it is not to your advantage. Never compromise your personal integrity.
- * You may have a wrinkled face as you grow older, and that is fine, but if you lose your enthusiasm for life, you will end up with a wrinkled soul.

PARTICULAR ASSETS

You may well have come across some of the tips and advice before, or from your own experience. The main asset of this little book is that it gives you 409 self development tips all in one place. The tips are also practical, being things that you can implement straight away.

I particularly liked the title as, from the beginning of time, people hear what their parents say but rarely listen to the true impact of the message being delivered. They still head off in life to make their own mistakes. To have, in one book, some of the key personal development tips for making your life a success, is very handy.

If rather than just browsing through the 409 tips you actually take time to digest each one, analysing the self development tips and putting each into practice, then it is very possible that you will transform yourself (and your life) significantly. Even if you just dip into the book and select a few tips to work on, this too will have a benefit.

SELF DEVELOPMENT LESSONS

This personal development book makes you consider the importance of what your elders say. After all, they have a wealth of experience. Also, maturity always sheds a different light on situations. Many self development lessons are covered including:

- * How to increase your self esteem
- * How best to make peace with your egos
- * Why only you can make the changes you want in life
- * How to prevent thinking constantly of yourself as a victim
- * How to stop looking for validation from others all the time
- * Why there is no point waiting for the right time to do something
- * Why the present is so much more important than the past and the future
- * How to get rid of the unnecessary thoughts you carry around in your head

SUMMARY

Rodolfo Costa says he hopes this book "inspires and motivates you to start and/or continue in your journey to become a better person and achieve the success you desire." As discussed in this self development book review, true to his word, this book is a great collection of personal development tips that could change your life...if you put them into practice.

See all 16 customer reviews...

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