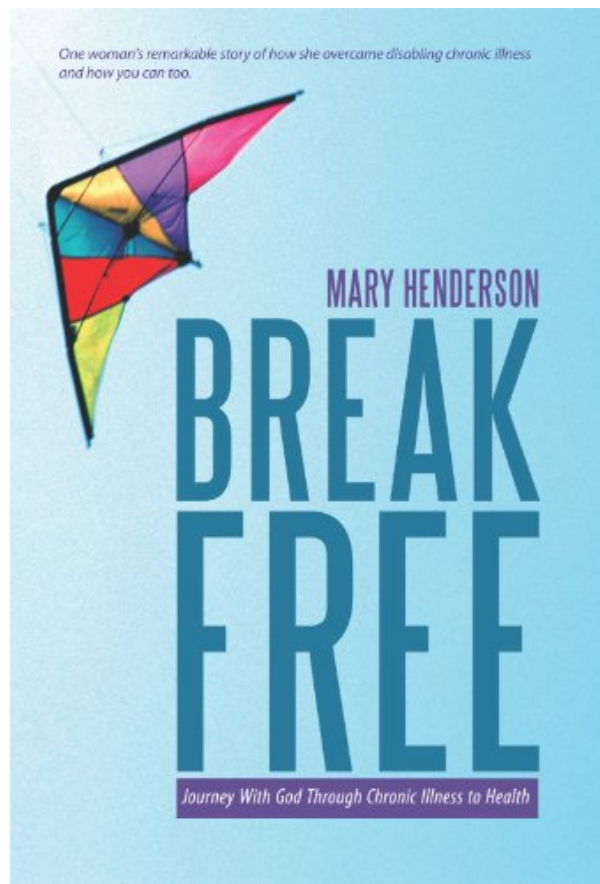


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Most helpful customer reviews

4 of 4 people found the following review helpful.

Wonderful Book!

By Sara Payne

I recieved this book as a gift and absolutely loved it; when I started reading, I couldn't put it down. As someone who has struggled with chronic illness for years, it was incredibly encouraging the way the author authentically shared her poignant story as she fought to be physically, emotionally and spiritually whole in spite of everything she went through. The book is so inspiring that there is hope for meaningful life despite debillitating pain and I think it is a must read for anyone who is going through a chronic illness situation or knows someone who is. It is very well written and definitely worthwhile!

3 of 3 people found the following review helpful.

Break Free

By Dana Dove

I got to know Mary and her husband, John in the late '90s. I watched her struggles with her illness, from a distance. She is the kind of person you would pay big bucks to be around her, but her illness was keeping her away from people, even from her family. When I got a hold of her book, I felt like I could enter a new dimension of our friendship. Right from the beginning, the very first words, grabbed my attention, and i just wanted to read and read and read some more! The next thought I had was: "Who can I give this book to? Who, among my friends, is struggling with illness and this book would be a real gift?" Immediately, I came up with an imaginary list. I usually ask my husband to make me a budget, so I could give this kind of gift away. I sent "Break Free" so far to one of my close friends, who struggles with Limes deasease, and one to a distant aquietance, who struggles with MS. Both of these friends wrote me back long notes, sharing with me how much it meant for them to read about someone else's struggles with a chronic diseases. You see, I do not struggle with a chronic disease, but I still found Mary's book as a great help for me to relate to these precious people in my life who struggle with such a thing. I am so glad that Mary decided to turn her journey into a book, so many other people would benefit from it. I believe it is worth readng especially to understand how you can help or what can you do for the ones who struggle with a chronic disease. I find it hard to know what to say, for fear od not making it worse for those who suffer. But if you talk with these kind of people you will see how much they long to have people involved in their life!

4 of 4 people found the following review helpful.

A great resource and moving story

By Kathi Macias

I had the privilege of reading this manuscript before it made it to book form, and I can attest to the power and love contained within its pages. I highly recommend this to anyone dealing with chronic suffering of any kind--or just plain doubts and fears. A great read!

See all 5 customer reviews...

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