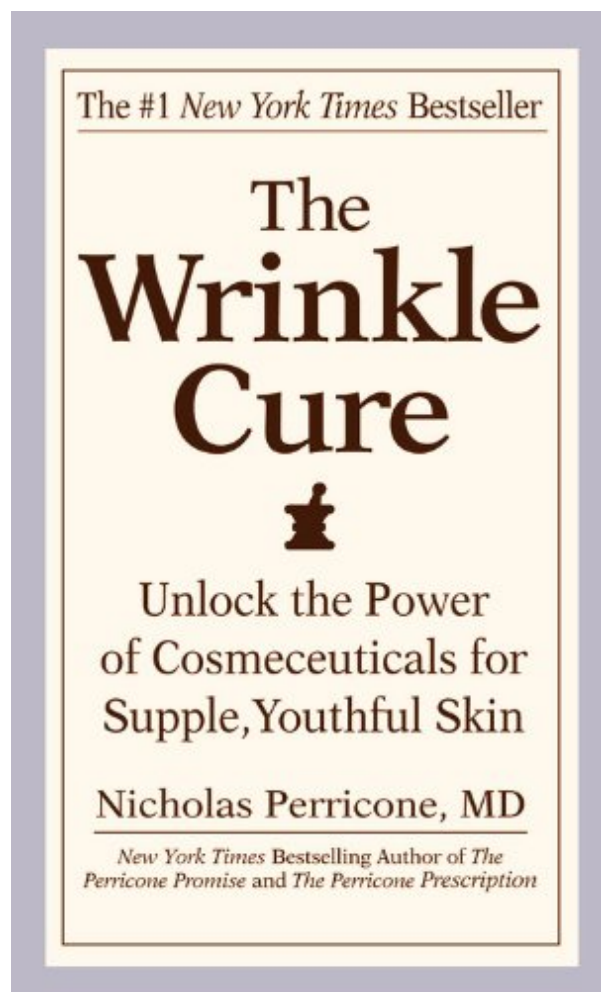


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POWER OF COSMECEUTICALS FOR
SUPPLE, YOUTHFUL SKIN BY NICHOLAS
PERRICONE**



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The #1 *New York Times* Bestseller

The Wrinkle Cure



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of Cosmeceuticals for
Supple, Youthful Skin

Nicholas Perricone, MD

New York Times Bestselling Author of *The
Perricone Promise* and *The Perricone Prescription*

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Dr. Perricone's #1 "New York Times" bestselling guide to a better, healthier complexion offers a revolutionary, all-natural, antioxidant program that revitalizes the skin at any age, from the outside and inside. Reissue.

- Sales Rank: #853107 in Books
- Brand: Perricone, Nicholas
- Published on: 2005-09-01
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- Number of items: 1
- Dimensions: 6.75" h x .63" w x 4.13" l, .27 pounds
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- 240 pages

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Most helpful customer reviews

136 of 150 people found the following review helpful.

An Absolute Must Read

By Linda McLain

I picked up The Wrinkle Cure in a bookstore recently...I was just having a leisurely browse. However, I knew I had picked up something that I must read and heed. The doctor gives wonderful hope, scientific insights, and specific resources for achieving and maintaining beautiful skin for a lifetime. I read the book from cover to cover....and then I put into action his suggestions for internal and external nourishment for the skin. It has been a successful experience. Thank you Dr. Perricone!

89 of 99 people found the following review helpful.

A one-way ticket on a time machine!

By A Customer

Beginning at page one The Wrinkle Cure is an incredible journey into unlocking the secrets of why we age and what we can do about it. Finally, there are real solutions that are scientifically proven to work. And the 3-day Nutritional Face Lift is fantastic. This is a must-read for everyone who wants to stay young looking regardless of age or gender and/or in need of the secret formula for reversing the damage that has already occurred. Highly recommended.

2 of 2 people found the following review helpful.

Better Skin

By PaulM

One week, I happened to notice that my skin looked particularly good. I had been eating more than the usual amount of fish that week. When discussing this with a friend, she suggested that I read Dr. Perricone's book. Indeed, his book does recommend a fish diet, as well as other aspects of a diet that will be good for your skin. I do not do everything that the book suggests, but I find that following the diet suggestions has resulted in smooth better-looking skin.

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